

TROFEO KIMA

The great race on Sentiero Roma

August 26, 2018



SATURDAY AUGUST 25, 2018

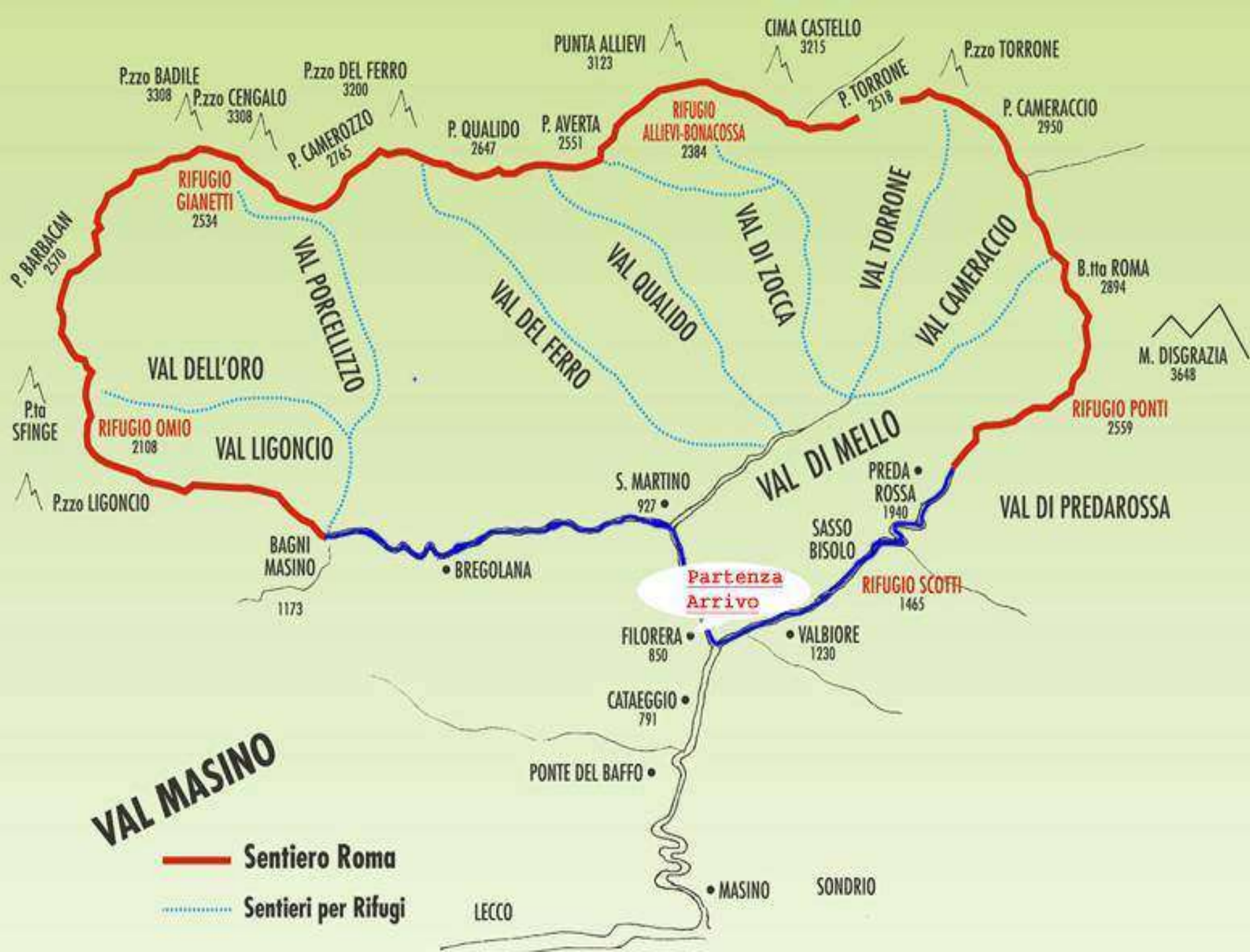
- 07.30 Kima Trail Running and Mini Kima athletes meeting
- 10.00 Kima Trail Running start
- 10.15 Mini Kima start
- 12.00 Lunch with local product tasting
- 12.30 Kima Trail Running and Mini Kima awards
- 14.00 Round table
- **16.30 Kima Trophy briefing**
- 18.00 Mass
- 19.00 Dinner with local product tasting

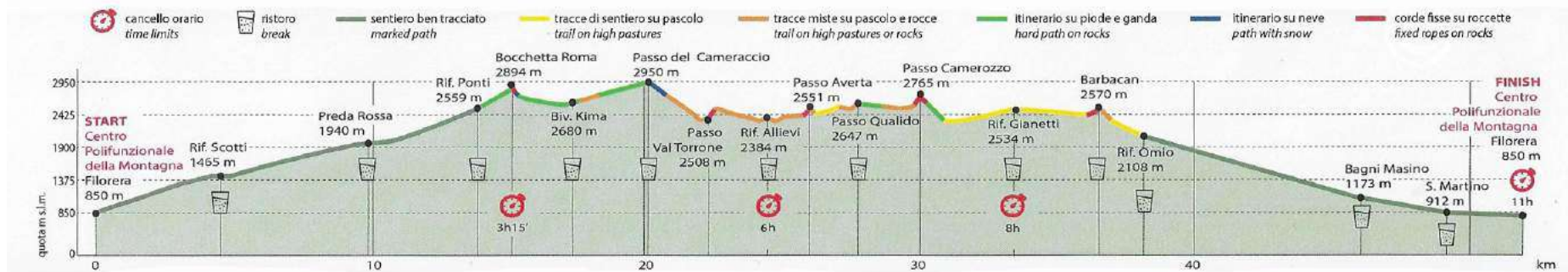
PROGRAMME

SUNDAY AUGUST 26, 2018

- 6.00 Kima athletes meeting
- 6.30 Start Kima Trophy
- 11.30 Emeritus Guide awards
- 12.00 Lunch with local product tasting
- 13.00 Arrival of first competitors
- 16.00 Awards
- 18.00 Event closure

PROGRAMME





PROFILE



THE COURSE

- Filorera 850m - START
- Val di Predarossa 1940m
- Rifugio Ponti 2559m
- Bocchetta Roma 2894m
- Passo Cameraccio 2950m
- Passo Torrone 2518m
- Rifugio Allievi-Bonacossa 2384m
- Passo Averta 2551m
- Passo Qualido 2674m
- Passo Camerozzo 2756m
- Rifugio Gianetti 2534m
- Passo Barbacan 2570m
- Rifugio Omio 2108m
- Bagni di Masino 1173m
- S. Martino 927m
- Filorera 850m - FINISH

THE COURSE

DISTANCE: 52 km

VERTICAL CLIMB: 4200m

PASSES: n.7 passi con quota superiore ai 2500m

AID STATIONS:

- Scotti- Preda Rossa (water, salts)
- Rifugio Ponti (water, tea, salts)
- Rifugi Allievi, Giannetti, Omnio (liquid, solid, salts)
- Passo Cameraccio (water, salts)
- Passo Qualido-Ferro Passo Barbacan (water, salts)
- Bagni di Masino/San Martino (water, salts)

THE COURSE



THE COURSE

Bocchetta Roma (descent)



Bocchetta Roma (descent)



Passo Cameraccio 2950m



Passo Cameraccio 2950m



Val di Zocca, Qualido, Ferro



Passo Camerozzo

Passo Qualido

Passo Averta

Passo Camerozzo 2765m



Salita Barbacan

PASSO BARBACAN

corde fisse



MAXIMUM TIME: 11 hours

1st TIME LIMIT: Bocchetta Roma 3h15'

2nd TIME LIMIT: Rifugio Allievi 6h

3rd TIME LIMIT: Rifugio Giannetti 8h

RETIREMENT: Retirement is permitted only at one of the four refuges along the course where race marshals must be advised and the bib consigned

CUT OFF TIMES

WORN

- Trail running shoes
- Short tights with long socks or $\frac{3}{4}$ length tights
- Technical short or long-sleeved top

IN THE BACKPACK

- Waterproof hooded jacket
- Gloves
- Emergency blanket
- Hydration pack (1 liter)

EQUIPMENT



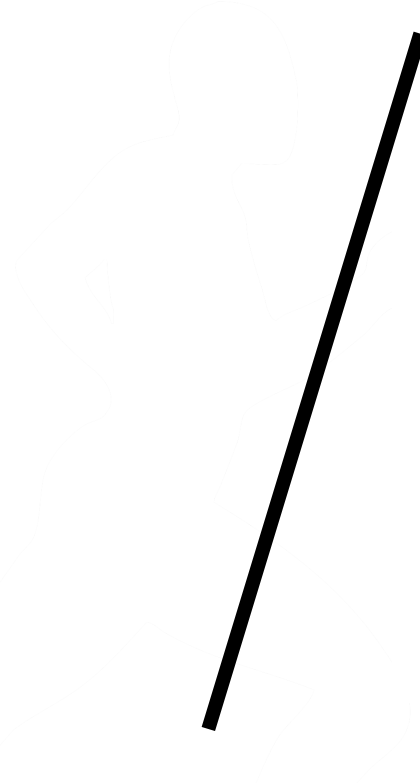
TRAIL RUNNING SHOES

EQUIPMENT



SHIRT OR LONG SLEEVED TOP

EQUIPMENT



SHORT TIGHTS WITH LONG SOCKS
OR $\frac{3}{4}$ LENGTH TIGHTS

EQUIPMENT



EQUIPMENT



WATERPROOF JACKET

EQUIPMENT



GLOVES

EQUIPMENT



HYDRATION PACK (1 LITER)

EQUIPMENT



EMERGENCY BLANKET

EQUIPMENT



TRACKER

EQUIPMENT

More info at
the briefing on
August 25, h 16.30

